

2025 TIMETABLE



MORNING KINDA

18monthth - 5years

Parents and Me | Breakaway | Preschoolers

MONDAY

9:30-10:30am

PARENT and ME

BREAKAWAY

PRESCHOOLER

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER

THURSDAY

9:30-10:30am

PARENT and ME

BREAKAWAY

PRESCHOOLER

ALL BOYS

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER



FRIDAY

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER

ALL BOYS

1HR REC | ACADEMY NINJA

Ages 4 - 7yrs

Preschoolers | School Age | Academy Ninja

MONDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

TUESDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

WEDNESDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

THURSDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

FRIDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

SATURDAY

8:30-9:30|9:30-10:30

10:30-11:30am

Preschoolers 4-5

School Age 6-7

Academy Ninja

BREAKAWAY
3yrs + 10:30am only

2025 TIMETABLE



2HR REC | Parkour Twisters

Ages 6 - 12yrs

| School Age 6-8yrs | School Age 9-12yrs | Parkour Twisters

MONDAY
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

ALL BOYS

TUESDAY
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

WEDNESDAY
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

THURSDAY
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

FRIDAY
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

SATURDAY
8:45-10:45am

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

Advanced Rec | Ninja Fit | Tumbling Specific

Ages 8 - 15yrs +

Ages 8-11yrs | Ages 11-15yrs+ | Ninja Fit | Tumbling Specific

MONDAY
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

Ninja Fit

WEDNESDAY
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

Ninja Fit

THURSDAY
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

TUMBLING SPECIFIC

SATURDAY
8:45-10:45am

Ages 8-11yrs

Ages 11-15yrs+

TUMBLING SPECIFIC